

**Updated 10<sup>th</sup> October 2020.**

**Further updates may be made in line with England Athletics and Government advice.**

The decision to restart groups is up to the individual leaders and the club will not put any pressure on leaders who do not wish to do this.

As a club it is important that we continue to support each other in these difficult times but we must take the virus seriously and not put each other at risk. Any leaders wishing to restart their groups or provide social runs (non-paying runs exclusively aimed at WOTR members) must adhere to the following:

- Leaders will organise their groups based on current EA and Government Guidance.
  - Check EA and Local Government guidelines on numbers that can run in Covid Secure and non Covid Secure groups.
  - Runners must follow social distancing rules.
  - Leaders will need to set up a fair booking system to ensure that maximum numbers are not exceeded.
  - Leaders will keep a record of everyone who attends for 21 days in case this information is required by Track and Trace.
  - Runners and leaders must be paid up members of WoTR.
  - Leaders must update their Risk Assessments to cover COVID 19. A template is provided on the WoTR website under Our Policies.
  - Advise runners to bring buff or other face covering – these are to be used if social distancing cannot be maintained (for example in the event of a participant requiring first aid).
  - Please direct any queries to our COVID co-ordinators Christine Acklam (north) and Sue Thorne (south).
  - Always look after yourselves and each other and be courteous to the general public.
- The committee thanks all the leaders and members who have continued to engage with their groups through on-line challenges. We hope that these will continue alongside small group runs.

English Athletics guidance:

<https://www.englandathletics.org/athletics-and-running/news/guidance-update-for-restricted-return-to-activity-for-coaches-leaders-athletes-runners-and-facilities-step-3/>

Guidance on Covid Secure Environment:

<https://england-athletics-prod-assets-bucket.s3.amazonaws.com/2020/07/EA-COVID-secure-environment-guidance-24.07.2020.pdf>

General guidance:

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>